

rain

# FORM

SEED PROTEIN REDEFINED™

## INTRODUCING, ONE OF THE MOST POWERFUL, ALL-NATURAL PROTEIN SUPPLEMENTS ON THE MARKET:

Rain International is a category creator, harnessing and introducing the concentrated power of botanical seeds to the world. We offer them in powerful, bioavailable packages that are easily digestible. For us, an opportunity left unexplored, a barrier left unbroken, a horizon left unseen is a call to action. That's why we have created this activity-enhancing supplement. To prove that seeds really are the most powerful source of nutrition, we've crafted a protein supplement from their potent qualities. Form is a powerful, nutrient-rich protein that gives your body easily-digestible nutrition, enabling you to perform at your peak. Form proves that seeds really are the most concentrated source of nutrition and does so in a tasty, ready-mix powder.



VEGAN



LOW CARB



SUPERFOOD



HYPOALLERGENIC



NON-GMO



PALEO-APPROVED

## MORE BIOAVAILABLE FOR OPTIMAL MUSCLE GAIN, LEANNESS, AND FAT LOSS

Form's protein comes directly from a number of powerful seeds, making it highly bioavailable. This means that it can be absorbed by the body quickly and easily. It contains a dense concentration of branched-chain amino acids (BCAAs), which fuel muscles and stimulate protein production. There are 20 amino acids in Form, as well as a good source of fiber, different omegas, and other healthy fatty acids. This makes Form more than just a great protein supplement.

Form delivers a filling protein with only 105 calories per serving and the added benefits of nutrients, antioxidants, and fiber. It gives your body the energy and nutrition to burn calories and build lean muscle effectively, which makes it a helpful weight-loss tool.

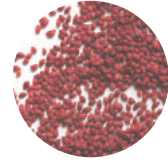
## WE ARE RAIN

AT RAIN INTERNATIONAL, WE ARE DEDICATED TO HELPING PEOPLE MAKE THE MOST OUT OF WHAT NATURE HAS GIVEN THEM. HEALTHY DIETS AND LIFESTYLES LEAD TO INCREASED PRODUCTIVITY. THIS LEADS TO ELEVATED HAPPINESS AND WELL-BEING. FORM PROVIDES AN EASY WAY TO ENHANCE YOUR HEALTHY DIET AND AUGMENT YOUR ACTIVE LIFESTYLE.



CONTINUED>>

**HERE ARE SOME OF THE INGREDIENTS IN FORM THAT GIVE YOUR BODY WHAT IT NEEDS**



**CHIA SEED**

- Provides 4.9 grams of healthy fat per serving
- Also provides 876 mg of omega 3 and 289 mg of omega 6 fatty acids
- Increases the overall fiber content of each serving
- Maintains a balanced blood lipid level
- Supports body weight loss and reduction of triglyceride and blood glucose levels

**SACHA INCHI SEED**

- Promotes weight loss through high levels of tryptophan, a precursor to serotonin, which helps regulate appetite
- High concentration of omega 3 and omega 6 fatty acids, which are linked to supporting healthy heart function
- Rich in antioxidants and anti-inflammatory properties
- Supports cell damage repair

**PEA PROTEIN**

- Promotes an increase of lean muscle density when supplementing appropriate training
- Functions as a short-term hunger suppressor
- Binds and concentrates cranberry polyphenols (antioxidants), which enhance gut health
- Linked to lowering cholesterol and triglycerides
- Supports healthy homeostasis among cellular fatty acids

**CRANBERRY SEED**

- Great dietary source of natural antioxidants
- Contains anti proliferative compounds, substances which may slow the spread of malignant cells in the body
- Strengthens human immune function

**PUMPKIN SEED**

- Benefits blood pressure and supports overall heart health
- Helps to relax blood vessels and promote proper bowel function
- Supports healthy immune system, cell growth and division, as well as sleep and mood
- High in anti-inflammation properties and Omega 3s

**SUGGESTED USE**

Take it after a workout to repair and rebuild lean muscle and trim down fat. Or, for optimal muscle growth, take right before bed, right after waking, and 30 minutes before beginning a workout to set up an "anabolic window." This lessens the breakdown of muscle that results from weight training.

**PREPARATION INSTRUCTIONS**

- Place one scoop of Form into 8-10 oz of liquid
- Stir until thoroughly mixed and enjoyed
- Take 1-2 times daily, or as needed



DAIRY FREE

GLUTEN FREE

NO ANIMAL PRODUCTS

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Supplement Facts		
Serving Size 1 scoop (28g)		
Servings Per Container 30		
	Amount Per Serving	%Daily Value*
Calories	105	
Total Fat	3 g	5%
Saturated Fat	<1 g	0%
Trans Fat	0 mg	†
Cholesterol	0 mg	0%
Sodium	171 mg	7%
Potassium	107 mg	3%
Total Carbohydrate	6 g	2%
Dietary Fiber	5 g	20%
Sugars	<1 g	†
Protein	15 g	30%
Iron	6 mg	33%
Calcium	46 mg	5%
Proprietary Seed Protein Blend	25.5 g	†
(Pea, Organic Chia Seeds, Raw Cacao, Cocoa processed with Alkali, Sacha Inchi, Pumpkin Seed, Cranberry, Grapefruit Seed, Grape Seed, Apricot Kernel)		
* Percent Daily Values are based on 2,000 calorie diet.		
† Daily value not established.		

Other Ingredients: Seaweed extract, natural chocolate flavor, inulin, stevia, Himalayan salt, Jerusalem artichoke.

Manufactured exclusively for Rain International LLC, American Fork, Utah 84003.

www.rainintl.com 855.724.6606



Made in U.S.A.